

## **British Safety Council Level 2 Certificate in Manual Handling Risk Assessment**

### **Aim**

The aim of this course is to provide participants with the theory and safe working practices related to physically moving loads by manual means, in an effort to avoid injury within the workplace.

### **Course Content and Agenda**

- Review of Health and Safety Legislation
- Manual Handling Operations Regulations 1992
- Common Injuries
- Hazards, Risks and Risk Control Measures
- Manual Handling Assessment Chart (MAC)
- Course Assessment

### **Manual Handling Safety**

More than a third of all over-three-day injuries reported each year to HSE and local authorities are caused by manual handling - the transporting or supporting of loads by hand or by bodily force.

### **Assessment**

Candidates are assessed throughout and will complete a practical assessment. On completion, candidates may enrol for the optional British Safety Council Level 2 qualification in COSHH Risk Assessment.

### **Duration**

This course is delivered over one day.



t3UK  
Janetstown Industrial Estate  
Thurso, Caithness  
KW14 7XF  
Telephone: 01847 894626

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