

## Emergency First Aid

The **Emergency First Aid Course** is ideal for those businesses with low to medium Health and Safety risk. The Health and Safety Regulations and approved code of practice obligates employers to ensure that their workforce have adequate First Aid provision while at work. The **Emergency First Aid Course** teaches basic life support for adults.

Participants will be able to update and refresh existing knowledge and will learn easy, straight forward and common sense ways of dealing with any given situation.

### The Course Includes:

- Resuscitation
- Airway management
- Care of the unconscious casualty
- Choking
- Bleeding
- Shock
- Broken Bones
- Burns

### Course Assessment:

Students are assessed by means of a short objective test at the end of the course. Participants will receive the **Emergency First Aid Certificate**.

### What will participants do on the course?

Students will cover theory and practical exercises where appropriate. The course includes an interactive presentation, course book and certification.