

HSE First Aid at Work Recommendations Table

Category of Risk	Numbers Employed at any location	Suggested Number of First Aid Personnel
<p style="text-align: center;">Lower Risk</p> <p style="text-align: center;"><i>(Shops, offices & libraries)</i></p>	Fewer than 50	At least one appointed person
	50-100	At least one First Aider*
	More than 100	One additional First Aider for every 100 staff
<p style="text-align: center;">Medium Risk</p> <p style="text-align: center;"><i>(Light engineering, assembly work, food processing & warehousing)</i></p>	Fewer than 20	At least one appointed person
	20-100	At least one First Aider for every 50 staff
	More than 100	One additional First Aider for every 100 staff
<p style="text-align: center;">Higher Risk</p> <p style="text-align: center;"><i>(Most construction, slaughter houses, chemical manufacture, extensive work with dangerous machinery or sharp instruments)</i></p>	Fewer than 5	At least one appointed person
	5-50	At least one First Aider
	More than 50	One additional First Aider for every 50 staff
<p>*First Aider is defined as a successful candidate of the HSE approved First Aid at Work Course (3-day)</p>		